Harmonious Mind

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Purpose: To initially evaluate a student for ADHD using the NICHQ Vanderbilt Teacher Assessment Scale.		Date	
Student Name		DOB	
Teacher Contact Info including name, school name & address, phone no, fax no, email address etc.			

enter an "x" in the appropriate column for each capacity (give only 1 answer per row)

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	Never	occasionally	often	very often
fails to give attention to details or				
makes careless mistakes in				
schoolwork				
has difficulty sustaining attention to				
tasks				
does not seem to listen when				
spoken to directly				
does not follow through on instructions and fails to finish				
schoolwork				
has difficulty organizing tasks/activities				
				+
avoids tasks that require sustained mental effort				
loses things necessary for activities				
is easily distracted by extraneous				
stimuli				
is forgetful in daily activities				
fidgets with hands or feet or				
squirms				
runs about or climbs excessively				
when remaining seated is expected				
leisure activities quietly				
is "on the go" or often acts as if				
"driven by a motor"				
talks excessively				
blurts out answers before questions				
have been completed				
has difficulty waiting in line				
interrupts or intrudes on others				
loses temper				
actively defies or refuses to comply				
with adult's requests or rules				

	Never	occasionally	often	very often
is angry or resentful				
is spiteful and vindictive				
bullies, threatens, or intimidates others				
initiates physical fights				
is physically cruel to people				
has stolen items of nontrivial value				
deliberately destroys others' property				
is fearful, anxious or worried				
is self-conscious and easily embarrassed	_			
is afraid to try new things for fear of making mistakes				
feels worthless or inferior				
blames self for problems; feels guilty				
feels lonely, unwanted, or unloved				
is sad, unhappy, or depressed				

enter an "x" in the appropriate column for each capacity (give only 1 answer per row)					
	excellent	above average	average	somewhat of a problem	problematic
reading					
mathematics					
written expression					
relationship with peers					
following directions					
disrupting classes					
assignment completion					
organizational skills					

Teacher's Note: