Harmonious Mind LLC - Adult Pt. Progress Report – Page 1 of 2

Date	Pt. Name	Pt. DOB	Insurance Co.	Pharmacy Tel
		2 2 2		
Any Healt	th Insurance related			PROVIDER USE ONLY
•	nce your last visit?			
Are you or family member				
involved in any court case?				
Describe your sleep ; include if				
there is trouble falling asleep or				
waking up a lot at night. Any				
scary dreams?				-
How is your appetite ?				
Any changes in your weight ?				
How is your energy level?				
How has your mood been?				
Any crying or withdrawing				
from others?				
Have you had any thoughts of				
harming yourself?				
•	ve any plans to harm			
yourself?	twied to hown			-
Have you tried to harm				
yourself recently?				-
How do you cope with thoughts				
of hurting / harming yourself?				
Any feelings of hopelessness ? Any symptoms of elated mood				
since the last visit?				
Have you been aggressive : •				-
verbally • physically to people				
• to property				
Any plan to harm others ?				
Have you thought of running				
away?				
Any scary	or angry inner			
voices or visions?				
Any trouble trusting ?				
Any feelings of agitation ?				
Any feelings of paranoia?				
Sense of being outside or pulled				
into your body?				
Any panic attacks or anxiety				
(heart beat fast, stomach churn,				
marked anxiety or nervousness?				-
Any fear of being out in car, in				
store, or in presence of others, or in crowds?				
or in crow	as !]

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Any urges to steal , gamble , spend ,		PROVIDER USE ONLY			
fire-set?					
Any memory problems?					
Any confusion spells?					
Circle & Describe other significant					
details including:					
- Medication Changes					
- Emergency Visit to ER/Doctor					
- New Stresses					
- Overall progress or worsening of					
symptoms					
- Changes in school, work, home,					
family, relationships, peer, etc.					
- General Symptoms - Aches, pain,					
muscle stiffness, etc.					
- Eyes					
- ENT					
- Cardiovascular – Palpitations, etc					
- Respiratory					
- Gastrointestinal					
- Genitourinary					
- Muscular					
- Integumentry					
- Neurological					
- Endocrine					
- Hemotologic					
- Allergies					
Any side-effects from psychiatric					
medications?					
Are you using alcohol or any illicit					
drugs?					
What have you been working with					
your therapist on?					
Questions you may like to ask the					
doctor about medicines ?					
Other concerns you may have?					
PROVIDER USE ONLY For additional information, see typed note.					
	•				
		_			
Pt. Signature	Clinician's Initial	Date			