

**Harmonious Mind LLC – Child/Adole. Pt. Progress Report – Page 1 of 2**

| Date  | Pt. Name | Pt. DOB | Insurance Co. | Pharmacy Tel             |
|---|----------|---------|---------------|--------------------------|
|   |          |         |               | <b>PROVIDER USE ONLY</b> |
| Any <b>Health Insurance</b> related changes since pt's last visit?  |          |         |               |                          |
| Are you or family member involved in any <b>court case</b> ?  |          |         |               |                          |
| Describe pt's <b>sleep</b> ; include if there is trouble falling asleep or waking up a lot at night. Any scary <b>dreams</b> ?  |          |         |               |                          |
| How is pt's <b>appetite</b> ?   |          |         |               |                          |
| Any changes in pt's <b>weight</b> ?   |          |         |               |                          |
| How is pt's <b>energy/activity</b> level?   |          |         |               |                          |
| How has pt's <b>mood</b> been?  |          |         |               |                          |
| Any <b>crying</b> or <b>withdrawing</b> from others?  |          |         |               |                          |
| Have you had any <b>thoughts of harming yourself</b> ?  |          |         |               |                          |
| Do you have any <b>plans to harm yourself</b> ?   |          |         |               |                          |
| Have you <b>tried to harm yourself</b> recently?  |          |         |               |                          |
| How do you <b>cope</b> with thoughts of <b>hurting / harming</b> yourself?  |          |         |               |                          |
| Has pt been <b>aggressive</b> :<br><ul style="list-style-type: none"> <li>• <b>verbally</b></li> <li>• physically to <b>people</b></li> <li>• to <b>property</b></li> </ul> |          |         |               |                          |
| Has pt thought of <b>running away</b> ?   |          |         |               |                          |
| Any scary or angry <b>inner voices</b> or <b>visions</b> ?  |          |         |               |                          |
| Any evidence of <b>agitation</b> ?  |          |         |               |                          |
| Any <b>panic attacks</b> or anxiety (heart beat fast, stomach churn, marked anxiety or nervousness)?  |          |         |               |                          |
| Any <b>fear of being out</b> in car, in store, or in presence of others, or in crowds?  |          |         |               |                          |
| Any rituals, <b>obsessions</b> , or <b>compulsive urges</b> or behaviors?   |          |         |               |                          |

|  |  |                          |
|--|--|--------------------------|
| Any urges to <b>steal, gamble, spend, fire-set</b> ?   |  | <b>PROVIDER USE ONLY</b> |
| Any <b>memory problems</b> ?   |  |                          |
| Any <b>confusion spells</b> ?  |  |                          |
| Circle & Describe other significant details including:<br>- <b>Medication</b> Changes<br>- <b>Emergency</b> Visit to ER/Doctor<br>- New <b>Stresses</b><br>- Overall <b>progress</b> or <b>worsening</b> of symptoms<br>- <b>Changes in school, work, home, family, relationships, peer, etc.</b><br>- General Symptoms - Aches, pain, muscle stiffness, etc.<br>- Eyes<br>- ENT<br>- Cardiovascular – Palpitations, etc<br>- Respiratory<br>- Gastrointestinal<br>- Genitourinary<br>- Muscular<br>- Integumentary<br>- Neurological<br>- Endocrine<br>- Hematologic<br>- Allergies |  |                          |
| Any <b>side-effects</b> from psychiatric medications?  |  |                          |
| Are you using <b>alcohol</b> or any illicit <b>drugs</b> ?   |  |                          |
| What have you been working with your <b>therapist</b> on?  |  |                          |
| Questions you may like to ask the doctor about <b>medicines</b> ?  |  |                          |
| Other concerns you may have?   |  |                          |
| <p><b>PROVIDER USE ONLY</b> For additional information, see typed note.</p>  |  |                          |
| <p><b>Pt. Signature</b> _____ <b>Clinician’s Initial</b> _____ <b>Date</b> _____</p>   |  |                          |